

# Kailash Charansprash Tour Details

The Kailash Charansprash tour for the Hindu followers is the top selling pilgrimage tour in Tibet. Every year we have more than thousands of Hindu followers from USA, Canada, England, Singapore, etc.

We are the local Tibetan travel agency operating Indian pilgrimage people who holds the foreign passport either than Indian passport.

Mt. Kailash and Lake Manasarovar have deep roots in Hindu mythology and are believed to be sacred. The clockwise circumambulation of Mt. Kailash's 52km yatra is believed to bring purity in once life and the destination for many Hindus for pilgrimage. This special pilgrimage itinerary to Kailash includes the Charansprash – to touch the north face of Kailash.

The trip begins from Lhasa with two days in the city for acclimatizing with sightseeing. The tour includes visits to cultural heritage sites such as the Potala Palace, Norbulingka Palace and some other monasteries. The tour then travels westward to Saga to reach the holy lake Mansarovar and the Mt. Kailash. After three days circumambulation, you will drive back to Lhasa and fly to home.

## Kailash Charansprash Tour Itinerary

### Day 1 **Arrive at Gongkar Airport, Lhasa**

Upon arrival at the Lhasa Gongkar airport / Lhasa train station, our client will be warmly welcomed by our Tibetan local tour guide and the driver with the traditional Tibetan white scarf. Our Kailash Charansprash tour starts from today for the next 12 days. Driving for about an hour from the airport to Lhasa and half an hour from the train station to the hotel. After check-in the hotel,

the guide will be briefing the tour itineraries for the next day. Then the rest of the day will be your own to relax in the hotel to acclimatize the high altitude.

## **Day 2 Sightseeing in Lhasa**

Today we visit the stunning Potala Palace – the landmark of Lhasa and Norbulingka Palaces. Potala is the winter palace was built in the 17th century by the fifth Dalai Lama. Provides amazing views of the entire city and houses the private quarters of the Dalai Lama, numerous grand state rooms and chapels. Norbulingka Palace is the summer palace of the Dalai Lama, built in the 18th century by the seventh Dalai Lama.

## **Day 3 Lhasa to Shigatse**

Today is the scenic drive for 5hours along the Brahmaputra river till Shigatse – the second largest city in the Tibet Autonomous Region. At there we will visit the Tashi Lhunpo monastery, built in the 15th century by the first Dalai Lama. Nowadays is the spiritual seat for the successive Panchen Lamas. We recommend doing Kora around Tashi lhunpo Monastery if times allow because of having an incredible panorama view of the valley and impressive Dzong (fortress).

## **Day 4 Shigatse to Saga**

It's a whole day drive from Shigatse to Saga crossing 9passes at the elevation around 5000m. Most of the road we drive through nomads area because we are gaining the altitude and wonderful great natural mountains and rivers from western Tibet along the way.

## **Day 5 Saga to Manasarovar**

Driving along the Yarlung Tsangpo River (Brahmaputra) and the Himalayan chain continues over the 5100m high pass Mayum La to the holy lake

Manasarovar. Manasarovar is one of the sacred lakes where the Hindu pilgrims usually take a dip in the water before the Kailash kora because it is said that will purify the sins after a dip in the lake. Crossing Mayum La pass, you will see for the first time – The summit pyramid of Mt. Kailash after the long drive from Lhasa.

#### **Day 6 Manasarovar to Darchen**

Today we have almost half day free time at Lake Manasarovar for Puja and enjoying the view of Lake Manasarovar and Mount Kailash. Just 30 minutes hike up to the Chiu monastery, where the master Padmasambhava meditated for 7 days and 7 nights in the 8th century is impossible to miss because this hike is ideal preparation for the strenuous Kailash Kora exceeding the 5627m high Dolma La pass. After Lunch, we drive about an hour to Darchen and start to prepare for the big day.

#### **Day 7 1st day trek to Dirapuk ( approx. 8hrs 18km )**

The Highlight of the trip is three days of circumambulation (52km) of the sacred Mt. Kailash. The trek starts from today and 8kms after leaving the Darchen we reach the spot Tarpoche, the large flag pole in honour of Buddha at the entrance to Kora where the porters and Yaks waiting for the guest too. The walk for today is easy as ascend up to the altitude of 4800m – Dirapuk Monastery from there we have the best and most beautiful stunning view of the north face of Mt. Kailash.

#### **Day 8 2nd day trek to CHARANSPRASH ( approx. 6hrs 7km )**

Today is the special day of our Kailash Charansprash tour. We are trekking up to the North Face of Kailash as close as possible.

Though the day is the holiest day of our trip, the walk is a bit tough with ice

and snow close to the Kailash. So our team will take those who are suitable to walk.

### **Day 9 3rd day trek to Zutulpuk ( approx. 9hrs 22km )**

Today we set out from Dirapuk monastery early morning to reach the top the Dolma La pass before the sunrise, 6km ascending up to the Dolma La pass and decent 4km is the toughest part out of the whole trek. After that, the trek route is more or less flat and down for 10km to reach Zutulpuk Monastery, the cave where the Milarepa reside.

### **Day 10 4th day trek to Darchen and drive to Saga ( approx. 4hrs 12km )**

After breakfast, we visit the Zutulpuk monastery – the cave of wonders where the Yogi Milarepa once meditated. The distance is only 12km till Darchen and is the easiest part of the trek. Having lunch in Darchen and we drive back to Saga.

### **Day 11 Saga to Kyirong**

Today we drive to Kyirong crossing the Gong-tang La pass (5230m) about 4hours. After the pass, we will drive continuously down to town with the elevation of 2700m. The town was established as a port of entry from Rasuwa Fort in Nepal by the Government of China in 1961 and now the Kyirong is an important town in the cross border trade between China and Nepal.

### **Day 12 Cross the border and back to home - Sweet home**

In the morning your Guide Driver will drop you off at the border bridge between Nepal and Tibet. After the border formalities, you need to request to walk for 50m to Nepal side. From then our Kailash Charansprash Tour in Tibet officially end. Have a safe journey after that